



TRANSCEND ATHLETICS INC.

Corp #2019746300

Transcend Athletics' Hockey & Golf development camp is back for 2022! We are excited to announce that we will be offering 2 weeks of camp this summer.

Inspired by a love of sports and a passion for growing self-confidence in our children, our camp is aimed at developing your child's ability and encouraging his/her love for the sport while keeping it fun. Whether your son or daughter has just learned to skate or swing a golf club, or if they already compete at an elite level, we are committed to delivering the best experience possible. Our goal is to make sure your children leave our camp at the end of the week as more self-confident and improved athletes and people.

To achieve our goal, our camps offer two hours of on ice hockey development led by Ryan and the great instructors at Velocity Skills Development. Both ice times will be separated by a snack break and an hour of off-ice training where the kids will be working on quickness, power, and reflexes, including dry land fun and off-ice instruction.

We then offer two 60-minute sessions of golf instruction. Led by CPGA golf pro Trent Wright; golf instruction will include teaching the kids swing mechanics, improved play from the tee box, fairway and on the greens. Golf mechanics and improvement will be focused on but keeping it fun is a main goal so that the kids want to keep golfing all summer long. The 120 minutes of golf instruction will be separated by a snack break to help keep the kids refreshed and energized.

Between the hockey and golf training, the kids will get refueled with lunch in the clubhouse (provided by Transcend Athletics).

www.transcendathletics.ca

166 Willow Street
Sherwood Park, AB
T8A 1P6



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To help us provide the best experience and the best development for the kids and to offer the best value for the parents, these camps are open to children born in the years 2008 to 2014. We have a limit of 14 spots available in each camp to ensure maximum instructional benefit for each child. Please inquire if your child is outside of these age groups to see if we can accommodate them.

Don't miss out on these great camps. There are four weeks to choose from. They will sell out quickly.

Transcend Athletics - Hockey & Golf Development Camp Sherwood Park Shell Arena & Broadmoor Public Golf Course

Cost - \$800 per child per week (no GST)

Week 1: July 25 to July 29

Week 2: August 8 to August 12

- **Full Day Camp (7:30am – 4:00pm)**
 - **Lunch & Snacks Provided**
- **Individual Instruction – 7 to 1 Ratio (Kids to Coaches)**
 - **2 Hours of On Ice Instruction Daily**
 - **1 Hour of Off Ice Instruction Daily**
 - **2 Hours of Golf Instruction Daily**
 - **9 Holes of Golf on Friday**
- **Hockey Equipment Storage Provided**
 - **Golf Club Storage Provided**
- **Additional Golf Shirts will be available for purchase**

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